

Gregory Bartoszek, Ph.D.

School of Psychology and Counseling
Fairleigh Dickinson University
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PROFESSIONAL POSITIONS

2022-present **Assistant Professor**, School of Psychology and Counseling, Fairleigh Dickinson University

2018-2022 **Assistant Professor**, Department of Psychology, William Paterson University

2017-2018 **Postdoctoral Fellow**, Trauma Services Program, Edward Hines, Jr. VA Hospital

2016-2017 **Psychology Intern**, Jesse Brown VA Medical Center (APA-Accredited Internship)

EDUCATION

2017 Ph.D. – Clinical Psychology, University of Illinois at Chicago (UIC)
Dissertation Thesis: Development and Validation of the Implicit Measure of Distinct Emotional States (IMDES)
Advisor: Daniel Cervone, Ph.D.

2012 M.A. – Clinical Psychology, University of Illinois at Chicago

2009 B.A. – Psychology (*magna cum laude*), University of Illinois at Chicago

2002 Teachers College, University of Silesia, Bytom, Poland

AWARDS AND DISTINCTIONS

2023-2024 **Grant-in-Aid**, Fairleigh Dickinson University
Merit-based funding to support scholarly activities (\$4,000 total)

2019-2021 **Summer Research Award**, College of Humanities and Social Sciences, WPU
Merit-based funding to support original research (\$11,200 total)

2018 **Leonard D. Eron Award**, Department of Psychology, UIC
Award for outstanding scholarly accomplishment (\$500)

2015-2016 **Chancellor's Graduate Research Fellowship**, Graduate College, UIC
Awarded to students who "show exceptional promise for future multidisciplinary research and creative activity in their fields of interest" (\$8000 total)

2015 **Provost's Award for Graduate Research**, Graduate College, UIC
Awarded for making "an original, important, and novel contribution to the field of study" (\$1250)

2015 **Summer Research Fellowship**, Department of Psychology, UIC
Merit-based award given annually to one clinical Ph.D. student in the department (\$3700)

2011-2015 **Presenter Award**, Graduate College, UIC; funding (\$800 total)

2011-2015 **Travel Awards**, Liberal Arts and Sciences; Graduate Student Council; Department of Psychology, UIC (\$3125 total)

PUBLICATIONS

* indicates a graduate or undergraduate mentee

- Collins, A. C., Jordan, D. G., **Bartoszek, G.**, Kilgore, J., Lass, A. N. S. & Winer, E. S. (2023). Longitudinal and experimental investigations of implicit happiness and explicit fear of happiness. *Cognition and Emotion*, 37(5), 973–989. <https://doi.org/10.1080/02699931.2023.2223907>
- Bartoszek, G.**, Ranney, R. M., *Curanovic, I., *Costello, S., & Behar, E. (2022). Intolerance of uncertainty and information-seeking behavior: Experimental manipulation of threat relevance. *Behaviour Research and Therapy*, 154(April), 104125. <https://doi.org/10.1016/j.brat.2022.104125>
- Mohlman, J., Basch, C. H., **Bartoszek, G.**, & Magee, S. (2022). Are college students motivated by compassionate, neutral, or fear-inducing language in COVID-19 crisis messages? *Journal of American College Health*. Advance online publication. <https://doi.org/10.1080/07448481.2022.2098032>
- Bartoszek, G.** & Cervone, D. (2022). Measuring distinct emotional states implicitly: The role of response speed. *Emotion*, 22(5), 954–970. <http://dx.doi.org/10.1037/emo0000894>
- Wiedeman, L.D., Hannan, S.M., Maieritsch, K.P., Robinson, C., & **Bartoszek, G.** (2020). Treatment choice among veterans with PTSD symptoms and substance-related problems: Examining the role of preparatory treatments in trauma-focused therapy. *Psychological Services*, 17(4), 405–413. <http://dx.doi.org/10.1037/ser0000313>
- Ranney, R.M., Behar, E., & **Bartoszek, G.** (2019). Individuals intolerant of uncertainty: The maintenance of worry and distress despite reduced uncertainty. *Behavior Therapy*, 50, 489-503. <http://dx.doi.org/10.1016/j.beth.2018.08.006>
- Bartoszek, G.** & Cervone, D. (2017). Toward an implicit measure of emotions: Ratings of abstract images reveal distinct emotional states. *Cognition and Emotion*, 31(7), 1377-1391. <http://dx.doi.org/10.1080/02699931.2016.1225004>
- Bartoszek, G.**, Hannan, S. M., Kamm, J., Pamp, B., & Maieritsch, K. P. (2017). Trauma-related pain, re-experiencing symptoms, and treatment of posttraumatic stress disorder: A longitudinal study of veterans. *Journal of Traumatic Stress*, 30, 288-295. <http://dx.doi.org/10.1002/jts.22183>
- Winer, E.S., Bryant, J., **Bartoszek, G.**, & *Rojas, E., Nadorff, R., & Kilgore, J. (2017). Mapping the relationship between anxiety, anhedonia, and depression. *Journal of Affective Disorders*, 221, 289-296. <http://dx.doi.org/10.1016/j.jad.2017.06.006>
- Bartoszek, G.**, & Winer, E. S. (2015). Spider-fearful individuals hesitantly approach threat, whereas depressed individuals do not persistently approach reward. *Journal of Behavior Therapy and Experimental Psychology*, 46, 1-7. <http://dx.doi.org/10.1016/j.jbtep.2014.07.012>
- Winer, E.S., Salem, T., **Bartoszek, G.**, & Snodgrass, M. (2015). Major Depressive Disorder. In R. Cautin & S. Lilienfeld (Eds.), *The Encyclopedia of Clinical Psychology* (pp. 2252-2257). Hoboken, NJ: Wiley-Blackwell. doi: 10.1002/9781118625392.wbecp433
- Cervone, D. & **Bartoszek, G.** (2013). Knowledge, Appraisals, and Personality Dynamics. In D. Cervone, M. W. Eysenck, M. Fajkowska, & T. Maruszewski (Eds.), *Personality dynamics: Embodiment, meaning construction, and the social world* (Vol. 3, pp. 11-32). New York, NY: Eliot Werner Publications.

MANUSCRIPTS IN PROGRESS

* indicates a graduate or undergraduate mentee

Bartoszek, G., Winer, E. S., *Luo, F. Y., *Gorman, J. M., & Mohlman, J. (under review). Mapping the relationship between health-related beliefs, fear, avoidance, and depression: Lessons from the pandemic and beyond.

Collins, A. C., Jordan, D. G., Lass, A. N. S., **Bartoszek, G.,** & Winer, E. S. (under review). Experimentally examining aversive tendencies in individuals who fear happiness.

Bartoszek, G. (in preparation). Implicit, but not explicit, measure reveals emotion profiles uniquely associated with depression.

CHAired SYMPOSIA & PAPER PRESENTATIONS

* indicates a graduate or undergraduate mentee

Bartoszek, G., *Vogel, B., & *Costello, S. J. (2022, May). An implicit emotion measure reveals reduced positivity as a distinct predictor of depression. In **G. Bartoszek** & M. Gallagher (Chairs), *How Motivated and Avoidance-Based Is the Reduction of Positivity in Depressed Persons?* Symposium presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Winer, E. S., Jordan, D. G., Collins, A. C., Veilleux, J. C., **Bartoszek, G.,** Lass, A. N. S., & Kilgore, J. (2019, July). Research challenges and implications resulting from different conceptualizations of anhedonia. In E. S. Winer (Chair), *Blunted, dampened, and devalued: Examining avoidance of positivity in depression science across cognitive, affective neuroscientific, and network levels of analyses.* Symposium presented at the 9th annual World Congress of Behavioural and Cognitive Therapies, Berlin, DE.

Bartoszek, G., Cervone, D., & E. S. Winer (2018, May). The distinct relationship between diminished positivity and depression. In T. Salem & E. S. Winer (Chairs), *Can Good be Worse Than Bad? Motivation and Beliefs about Positivity and Depression.* Symposium presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Bartoszek, G. & Cervone, D. (2016, May). Ratings of ambiguous images uniquely reflect and differentiate emotional states. In M. Quirin & D. Cervone (Chairs), *Implicit Affect: Elicitation, Measurement, and Effects on Behavior and Physiology.* Symposium presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Veilleux, J. C. & **Bartoszek, G.** (2014, May). *Emotions extended: Innovative methods assessing specific emotional processes.* Symposium chaired at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Bartoszek, G. & Cervone, D. (2014, May). Development and validation of the Implicit Measure of Distinct Emotional States (IMDES). In J. C. Veilleux & **G. Bartoszek** (Chairs), *Emotions extended: Innovative methods assessing specific emotional processes.* Symposium presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Winer, E. S., Cervone, D., Ginger, E. J., **Bartoszek, G.,** Snodgrass, M., & Newman, L. S. (2013, May). Implicit emotion regulation, subchance perception, and distress. In E. S. Winer & C. Veilleux (Chairs), *Feeling Bad but Not Knowing Why: Implicit Emotion Regulation and Emotional Distress.* Symposium presented at the annual meeting of the Association for Psychological Science, Washington DC.

CONFERENCE POSTER PRESENTATIONS

* indicates a graduate or undergraduate mentee

- *Kloucek, N., *Skoczylas, S., *Wu, E., & **Bartoszek, G.** (2023, May). *Cognitive Emotion Regulation Style, Alexithymia, and Depression: The Unique Role of Self-Blame*. Poster to be presented at the annual meeting of the Association for Psychological Science Annual Convention, Washington, D.C.
- *Luo, F., *Gorman, J., *Pitt, T., *Awad, J., *Vogel, B., & **Bartoszek, G.** (2022, March). *Racial Differences in COVID-related Anxiety and Avoidant Behavior*. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Mielniczuk, E., & **Bartoszek, G.** (2021, July). *Preliminary validation of the Daily Implicit Affect Scale (DIAS)*. Poster presented at the annual meeting of the International Congress of Psychology, Prague, Czech Republic.
- Bartoszek, G.**, *Costello, S.J., *Bzadough, N., *Luo, F., *Patterson, L. (2021, May). *Improving Specificity in the Assessment of Depression Using the Implicit Measure of Distinct Emotional States (IMDES)*. Poster presented at the annual meeting of the Association for Psychological Science, Virtual Conference.
- *Fitzsimmons, E.R., *Luo, F., *Gorman, J.M., *Stroh, N., **Bartoszek, G.** (2021, May). *Gender as a moderator of the relationship between alexithymia and depression*. Poster presented at the annual meeting of the Association for Psychological Science, Virtual Conference.
- *Curanovic, I., *Luo, F., *Bzadough, N., *Schorpp, H., *Gorman, J., & **Bartoszek, G.** (2021, March). *The role of alexithymia on multilingualism*. Poster presented at the annual meeting of the Eastern Psychological Association, Virtual Conference.
- Bartoszek, G.**, Cervone, D., *Fitzsimmons, E. R., & *Curanovic, I. (2020, November). *Implicit assessment of emotions in specific phobia: Experiential, physiological, and behavioral correlates*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Costello, S. J., *Curanovic, I., **Bartoszek, G.**, Ranney, R. M., & Behar, E. (2020, November). *The Effects of Intolerance of Uncertainty and Personal Relevance on Recall of Information*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, United States.
- *Chapman, S., *Costello, S., & **Bartoszek, G.** (2020, March). *Depressed and non-depressed individuals respond differently to emotion-evoking stimuli*. Poster accepted to the annual meeting of the Eastern Psychological Association, Boston, MA. (conference cancelled due to coronavirus concerns)
- *Fouad, M., *Jacoup, M., *Curanovic, I., & **Bartoszek, G.** (2020, March). *The role of perceived controllability and predictability in life satisfaction*. Poster accepted to the annual meeting of the Eastern Psychological Association, Boston, MA. (conference cancelled due to coronavirus concerns)
- Ranney, R.M., Behar, E., & **Bartoszek, G.** (2018, November). The maintenance of worry and distress despite reduced uncertainty: An experimental test of the intolerance of uncertainty model. In E. Behar & R.M. Ranney (Chairs), *Intolerance of Uncertainty: Evidence from Experimental and Laboratory Tasks*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

- Jordan, D. G., Reeves, L., **Bartoszek, G.**, Kilgore, J., Winer, E. S. (2018, May). *A multilevel model of the association between implicit happiness, implicit sadness, and explicit fear of happiness*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Nichols, J., Jordan, D. G., Sheffield, A., **Bartoszek, G.**, Kilgore, J., & Winer, E. S. (2018, March). *Predicting fear of happiness approximately one year later with an implicit measure of distinct emotion states*. Poster presented at the Happiness and Well-Being Preconference of the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Jordan, D. G., Majors, K., **Bartoszek, G.**, Kilgore, J., & Winer, E. S. (2017, November). *Sadness attributions on an implicit measure of distinct emotions are associated with depressive symptoms approximately one year later*. Poster presented at the Neurocognitive Therapies/ Translational Research Special Interest Group of the Association for Behavioral and Cognitive Therapies , San Diego, CA.
- Azizoddin, D., Feeley, S., **Bartoszek, G.**, Hilton, B., Tan, A., Martin, J., ... Lehman, K. (2017, May). *The prevalence of cancer-related distress among urban-dwelling veterans: A pilot study*. Poster presented at the annual meeting of the International Society for Pharmacoeconomics and Outcomes Research, Boston, MA.
- *Gallas, B., **Bartoszek, G.**, & Cervone, D. (2017, May). *Implicit emotion profiles associated with depression and trauma-related symptoms*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Jordan, D. G., Majors, K., Wallace, A., **Bartoszek, G.**, Kilgore, J., & Winer, E. S. (2017, March). *Predicting fear of happiness via an implicit measure of emotion states over approximately one year*. Poster presented at the International Convention of Psychological Science, Vienna, Austria.
- *Rojas, E., **Bartoszek, G.**, & Winer, E. S. (2016, May). *Avoidance-related relinquishment of enjoyability explains comorbidity between anxiety and depression*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- *Curtin, M. R., *Payne, J., *Ross, T., & **Bartoszek, G.** (2016, May). *Differential effects of perceived controllability on pessimism*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- *Garcia, J., *Gonzalez, J., & **Bartoszek, G.** (2016, May). *Emotional attention as a moderator of the relationship between perceived predictability and risk choices*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Ranney, R. M., **Bartoszek, G.**, Fortune, M. R., Jendrusina, A. A., Stevens, E. S., & Behar, E. (2015, November). *Information-seeking in individuals intolerant of uncertainty: The maintenance of worry through attempts to limit uncertainty*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Jordan, D. G., Kilgore, J., Salem, T., Swinea, J., **Bartoszek, G.**, Nadorff, M. R., & Winer, E. S. (2015, November). *Examining test-retest reliability of a novel implicit measure of distinct emotion*. Poster presented at the Neurocognitive Therapies/Translational Research Special Interest Group of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- *Curtin, M. R., *Rojas, E., *Issa, Z., & **Bartoszek, G.** (2015, April). *Pessimistic outlooks and risk*

estimates in depression and anxiety. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Bartoszek, G. & Cervone, D. (2015, March). *Feelings as information: A new approach to emotion assessment.* Poster presented at the International Convention of Psychological Science, Amsterdam, Netherlands.

Kamm, J., Hannan, S., **Bartoszek, G.**, & Pamp, B (2014, November). *Chronic pain and PTSD re-experiencing symptoms as a predictor of treatment outcome in a large Veteran sample.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

*Hajdini, R. & **Bartoszek, G.** (2014, May). *The relation between implicit anger and suicidality.* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Bartoszek, G., Winer, E. S., & *Hajdini, R. (2014, March). *Revealing motivational aspects of specific phobia and depression via the modified Approach-Avoidance Task (AAT).* Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Mercurio, L. D., Cervone, D., **Bartoszek, G.**, & Mayer, N. D. (2014, February). *Factor-analytic investigations of personality structure: Do data take the shape of your measure?* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Bartoszek, G., & Cervone, D. (2013, January). *Validation of the Implicit Measure of Emotional States (IMES).* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Mercurio, L. D., **Bartoszek, G.**, Mayer, N.D., & Cervone, C. (2013, January). *Personality trait structure emerges from causal linkages among cognitive, behavioral, and affective components: A computer simulation on random input.* Poster presented at the annual meeting of Social Dynamics Pre-Conference of the Society for Personality and Social Psychology, New Orleans, LA.

Bartoszek, G., & Cervone, D. (2012, January). *Beyond valence: Emotion specificity in the perception of situational outcome.* Poster presented at the Emotion Pre-Conference of the Society for Personality and Social Psychology annual conference, San Diego, CA.

Bartoszek, G., & Cervone, D. (2011, January). *Measuring discrete emotions implicitly.* Poster presented at the annual meeting of Society for Personality and Social Psychology, San Antonio, TX.

Bartoszek, G., & Cervone, D. (2009, July). *An implicit measure of discrete emotional states: A preliminary investigation.* Poster presented at the annual meeting of Association for Research in Personality, Evanston, IL.

(RECENT) INVITED RESEARCH TALKS

- 2/2021 **Implicitly measured emotions uniquely predict cognitive, behavioral, and psychophysiological responses**
University of Illinois at Chicago, Department of Psychology, Social Division
Colloquium, Chicago, IL (virtual presentation)
- 11/2020 **The links between emotion, judgment, behavior, and physiology: The predictive power of an implicit emotion measure**

Harvard University, Department of Psychology, Lerner Lab, Cambridge, MA (virtual presentation)

3/2020

Alexithymia and psychopathology: Assessing emotional states implicitly
William Paterson University, College of Humanities and Social Sciences, Wayne, NJ
(virtual presentation)

TEACHING EXPERIENCE

Graduate Courses, Instructor

Fairleigh Dickinson University

Psychopathology (Fall 2022, 2023)

Learning, Cognition, and Emotion (Fall 2022, 2023)

Seminar in Clinical Psychology (Spring 2023)

William Paterson University

Advanced Statistics and Research Methods (Spring 2020, 2021, 2022)

Cognition and Affect (Spring 2019)

Dissertation II (Fall 2019, 2020, 2021)

Introduction to Clinical Practice I (Fall 2018)

Introduction to Clinical Practice II (Spring 2019)

Predoctoral Internship I (Fall 2019, 2020, 2021)

Predoctoral Internship II (Spring 2020, 2021, 2022)

Undergraduate Courses, Instructor

William Paterson University

Experimental Psychology I: Applied Statistics (Fall 2018)

Experimental Psychology II: Research Methods (Fall 2021, Spring 2022)

University of Illinois at Chicago

Psychological Interventions (Fall 2015)

Undergraduate Courses, Discussion Section Instructor

University of Illinois at Chicago

Introduction to Psychology (1 semester)

Statistical Methods in Behavioral Science (6 semesters)

Undergraduate Courses, Graduate Teaching Assistant

University of Illinois at Chicago

Abnormal Psychology (6 semesters)

Field Work in Applied Psychology (1 semester)

Lab in Clinical Psychology (1 semester)

Psychological Interventions (6 semesters)

Psychology of Interviewing (2 semesters)

Theories of Personality (1 semester)

SERVICE

Fairleigh Dickinson University

Department

- 2022-present Member, Clinical Psychology Ph.D. Program Committee
2022-present Research/Academic Mentor
Graduate students: Noémie Kloucek, Elena Wu, Weronika Skoczylas
Undergraduate students: Jonathan Siemaszkiewicz
2023-present Member, Dissertation Committee
Students: Ilissa Kaufman

University

- 2023 Mentor, Student Honors Project (HON 1002), FDU Honors Academy
Student's name: Samantha Novick
2023 Presenter during the Academic Session (Psychology), Admitted Student Day
2022 Faculty Representative, FDU Open House

William Paterson University

Department

- 2021-2022 Member, Student and Curriculum Development
2019-2022 Chair, Outcomes and Assessment Committee
2019-2022 Member, Experiential Learning Committee
2018-2022 Undergraduate Student Advisor
2019-2022 Chair, Dissertation Committee
Students: Lara LoBue, Nancy Bzadough, Hannah Schorpp
2019-present Member, Dissertation Committee
Students: Molly Kammen, Daniel Roefaro, Keshani Perera, Carissa Francis
2019-2022 Reviewer, Comprehensive Exam
Students: Marwa Ahmed, Eleonora Gallagher, Molly Kammen, Michael Levi, Daniel Roefaro, Samantha Smith, Lara LoBue, Carrisa Aricola, Meredith Connolly, Nancy Bzadough, Hannah Schorpp, Chana Becher
2018-2022 Research/Academic Mentor
Graduate students: Irena Curanovic, Stephen Costello, Jane Gorman, Frank Luo, Benjamin Vogel, Taylor Pitt, Jordyn Yeshion, Rachel Benjamin
Undergraduate students: Brooke Elliott, Deja Hutton, Nicole Stroh, Lyric Patterson, Victoria Perloth, Margaret Jacoup, Maryam Fouad, Shelby Chapman, Heidi Montes, Jordynn Jones, Bryan Barbaran, Zurya Memon
2020-2021 Member, Search Committee
2020-2021 Member, Budget and Space Committee
2019-2021 Member, Marketing and Outreach Committee
2018-2020 Member, Writing Across Curriculum Faculty Writing Group

University

- 2020-present Member, Institutional Review Board (IRB)
2020-2021 Member, University Core Curriculum (UCC) Council
2020 Volunteered to serve as a member on the Faculty Senate Council

CLINICAL TRAINING EXPERIENCE

- 2017-2018 Postdoctoral Fellowship, Trauma Services Program, Edward Hines, Jr. VA Hospital
2016-2017 APA-Accredited Clinical Psychology Internship, Jesse Brown VA Medical Center

Rotations: Substance Abuse Residential Rehabilitation Treatment Program (SARRTP); Psychosocial Residential Rehabilitation Treatment Program (PRRTP); Psychiatry Assessment Clinic; Day Hospital Program; Outpatient Psychiatry Clinic

- 2014-2015 Clinical Psychology Externship, Mood and Anxiety Disorders Program, Department of Psychiatry, the University of Illinois Medical Center
- 2013-2014 Clinical Psychology Externship, Trauma Services Program, Edward Hines, Jr. VA Hospital
- 2010-2016 In-House Clinical Training, Office of Applied Psychological Services, UIC, Department of Psychology

PROFESSIONAL AFFILIATIONS

American Psychological Association
Anxiety and Depression Association of America
Association for Behavioral and Cognitive Therapies
Association for Psychological Science
Society for Personality and Social Psychology
Psi Chi National Honor Society in Psychology